VENG TESTING

Patient Name: _______________________________________

Appointment Date: ___________________________________

Time: ______________________________________________

Doctor: _____________________________________________

This is a group of noninvasive and painless tests designed to assist your physician in diagnosis of dizziness, vertigo and/or balance problems. There are nearly ninety (90) diseases that may cause such problems. About one-third (1/3) are directly related to disease affecting the inner ear or its brain pathways and are the most probable causes of your problem. The tests may take 1-2 hours to complete and will focus on inner ear disease.

The doctor will place goggles on your head and ask you to follow a light moving on the wall. He/She will then assist you in lying in different positions on an examinations table to determine if your problem is caused by positional change. Next, you will be introduced to a gentle stream of warm or cool air or water into the ear canal for about 45 seconds. This may make you mildly dizzy for only a couple of minutes. It is rare that patients experience nausea. (NOTE: this is not the same test one may read about on the internet where ice water is placed in the ear and often causes nausea and even vomiting) In some cases, the patient will finish by sitting/lying comfortably while earphones introduce a tone to each ear.

Any individual who, for reasons of their own, do not wish to proceed with the tests, may stop the process at any time. No patient will be forced to do something they choose not to do. A relative or friend may accompany you in the examination room at all times. All cell phones must remain off for the entire length of testing.

Within a few minutes following the tests, the patient may resume normal daily activities. As with other tests, it is recommended that all patients have someone drive him/her home.

Following the tests, a physician will review your results and send a report to the referring physician.

Preparation: Medications for cardiovascular disease, diabetes and/or seizures should be taken as prescribed. Wear comfortable clothing with an open neck shirt. Slacks are preferred to dresses. Patients will not be asked to disrobe. No mascara is to be worn. Prior to the tests, patients are to eat a normal meal. Two days prior to the tests, patients may not consume alcohol, sedatives, antihistamines or hypnotic medications. Four hours prior to the tests, patients are to avoid caffeine and tobacco products.

If you must change or cancel your appointment, please call: (573) 817-3000.
Our office hours are 8am to 5pm Monday through Friday.
For directions to the clinic, see the reverse side.
From I-70 East or West (St. Louis/Kansas City):
  Take exit US 63 South/128A
  Turn on the overpass and merge into the left turn lane for I-70 Drive SE
  Turn left onto I-70 Drive SE
  Turn right onto Keene St
  Clinic is directly behind Patricia’s IGA- Watch for the black and gold ENT & Allergy sign

From US 63 South (Jefferson City):
  Take the “I-70 St. Louis/Kansas City” exit ramp
  Stay in the far right lane and turn right onto I-70 Drive SE (first road from exit)
  Turn right onto Keene St
  Clinic is directly behind Patricia’s IGA- Watch for the black and gold ENT & Allergy sign

From US 63 North (Moberly/Kirksville):
  Take the “I-70 St. Louis/Kansas City” exit ramp
  Continue south over the overpass and merge into the left turn lane for I-70 Drive SE
  Turn left onto I-70 Drive SE
  Turn right onto Keene St
  Clinic is directly behind Patricia’s IGA- Watch for the black and gold ENT & Allergy sign