How can telehealth help you?

A medical student takes a picture of a patient’s hand during a telehealth visit.

Contact us
For more information about telehealth and the Missouri Telehealth Network, please contact us.

Missouri Telehealth Network
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Columbia, MO 65212

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E-mail: mtn@health.missouri.edu
Web site: www.telehealth.muhealth.org
What is telehealth?
It is a way to see your doctor in a different city and not travel far from your hometown.

How does it work?
The Missouri Telehealth Network uses cameras and TVs so you and your doctor can see and talk to each other.

There is a camera and TV at your local hospital or clinic (your site). There is also a camera and TV at your doctor's office in another city. Your doctor places a call to your site. This is like making a phone call.

A trained staff person at your site will answer the call. You and your doctor can see and hear each other. It is like you are in the same room talking face-to-face.

You can discuss your symptoms, concerns and medical history. Your doctor can perform a physical exam with the help of the trained staff at your site.

How can telehealth help me?
- Saves you money on travel (gas and meals)
- Saves you time off work
- Saves you wear and tear on your car
- Provides specialty care in your area

How do I schedule a visit?
1. Ask your doctor if your next visit can be at a site near you.
2. The office staff can help you choose a telehealth site.
3. They will also call and schedule the visit.
4. Arrive 15 minutes early on the day of your visit.
5. All billing and scheduling works the same as seeing your doctor in person.

For example:
A patient at Sikeston Family Clinic can see his or her doctor in Columbia without leaving Sikeston.

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Your Telehealth Visit
On the day of your visit you will need to:
- Arrive 15 minutes early.
- Bring any information needed for your visit.
- Bring your insurance card.

Date: ________________
Time: ________________
Phone: ________________
Location: ________________

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